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#### Islamic Perspectives on Marriage as a Protective Mechanism of Family System

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#### **Abstract**

This study investigates the crucial role of marriage in Islam as a fundamental safeguard for the family system, highlighting how Islamic teachings contribute to the protection and strengthening of familial relationships. Rooted in Quranic teachings and the traditions of the Prophet Muhammad, Islam regards marriage as a vital institution essential for the stability and welfare of the family unit. The research explores various aspects of how Islam reinforces the family structure through the institution of marriage. It examines key Ouranic verses and Hadiths that stress the sanctity of marriage, detailing the rights and responsibilities assigned to both spouses. The study also delves into the social, emotional, and psychological aspects of marriage within an Islamic context, demonstrating how marriage serves as a foundation for support, companionship, and mutual personal development. Additionally, the study addresses the importance of marriage in creating a nurturing environment for raising children, recognizing the family as the cornerstone of society in Islamic thought. It explores the protective measures embedded in Islamic jurisprudence that ensure the rights of family members are upheld, fostering an atmosphere of justice, equity, and compassion. By illuminating how Islam views and protects the family system through marriage, this study offers valuable insights for individuals, communities, and policymakers. A deeper understanding of these principles can guide discussions on family dynamics and aid in developing strategies that promote the well-being and unity of families, aligned with Islamic values.

**Keyword:** Marriage, Islam, Inter-religion Marriage, Family Unit, Family System Protection

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#### Overview about Mankind Creation & Its Purpose of Life

In current time Muslim population is one of the major parts of world population which is massive number and these are the people who believe on oneness of Almighty Allah, Hazrat Muhammad (Peace be upon him) as last messenger of Allah and Holy Book is authentic book for believer. Attitude of Islam toward Human creation is very positive<sup>1</sup> .Islam believe that creation of Human being which started with Hazrat Adam (Peace be Upon him) and Hazrat Hawwa (Blessing on Her) is the ever unique and strange experience of the whole universe which based on will of Almighty Allah. The of human is perfect and pure. The birth of Human is blessing of Almighty Allah, not displeasure, birth is awareness of divine will to mankind to following his origin. Man come in this world with some specific purpose not just sake of staying for short time, in short Islamic philosophy of human birth lies between decent and practical relation with man and Almighty Allah for this and upcoming world. In Islamic philosophy "Alfitrah" mean "creation<sup>2</sup>:" but this creation is not about genetic point of view which reduce its human parameters. Furthermore, a well-known Muslim scholar, Imam Raghib Asfahani, explains that what is mentioned in earlier scriptures is: "Nature is the creation and origination of things endowed with an inherent capacity to perform any act"3

Overall Marriage, Family life, family system and its protection is burning issue in recent past for both Islamic and western point of view, normally when we discuss about Marriage and family system its include husband, wife, children and Parents . When we discuss about Islam and other religion, Islam is far better is in this way that Islam is not only religion its complete code of conduct both for this world and upcoming world as well, according to Islam completely not in less percentage. Islam start with concept of education, to knowing Almighty Allah, himself and man behavior in whole society. Islam, which itself means "peace," promotes a comprehensive framework that fosters peace and harmony within individuals and society. By embracing Islam, individuals commit to fostering peace not

only for themselves but also for those around them. Historically, Islam has been instrumental in transforming societies from ignorance to enlightenment, promoting values of peace and harmony. This transformation is evident in how Islam reformed the previously harsh and ignorant society of Makkah into a community of compassion and respect.

A crucial aspect of this transformation is the elevated status and respect Islam confers upon women, irrespective of their roles—whether as mothers, sisters, daughters, wives, or other familial relations. Islam profoundly altered the mindset of a society that once practiced the barbaric act of burying daughters alive, to one where the Prophet Muhammad (peace be upon him) declared, "My daughter Fatima is a part of me," signifying deep love and respect. In a similar vein, he emphasized the importance of the mother's rights, stating that even during prayer, if his mother called him, he would prioritize her need, highlighting the significant shift in attitudes towards women.

The Quran, as the final revealed book of Allah, outlines the rights and responsibilities of all individuals, ensuring that justice and compassion guide human interactions throughout life. The Prophet Muhammad's (peace be upon him) last sermon at Arafat provided a comprehensive charter of human rights, with a particular emphasis on the rights of women and slaves, urging his followers to treat them with utmost care and respect. Through these principles, Islam establishes marriage as a vital protective mechanism for the family system, ensuring the well-being and dignity of all its members and fostering a harmonious and stable society "

#### Men and Women are Blessing for each other

In Islam, men and women are considered blessings for each other, created as partners to provide mutual support, love, and companionship. The Quran emphasizes their complementary roles, stating that they are garments for one another, protecting, comforting, and enhancing each other's lives.

وَمِنْ ءَايْتِهِٓۦ أَنْ خَلَقَ لَكُم مِّنْ أَنفُسِكُمْ أَزُوجًا لِتَسْكُنُواْ إِلَيْهَا وَجَعَلَ بَيْنَكُم مَوَدَّةً وَرَحْمَةً ۚ إِنَّ في ذَٰلِكَ لَايَاتٍ لِقَوْمٍ يَتَفَكَّرُونَ 4

The translation of above verse of Quran is that "And of His Signs is that He has created mates for you from your own kind that you may find peace in them and He has set between you love and mercy. Surely there are signs in this for those who reflect". It Tafseer is like that your women or wives are one of sign of Almighty Allah who create for you man, through these you got peace from them, Almighty Allah also put love and mercy between you and here these are the signs for those who believe on it.

Further it's also mentioned in above verse of Quran that in general way the main purpose of marriage exist in three main points called Calmness, liking, kindness in marital affairs for whole family. In first purpose Calmness meant that both wife and husband will leave under calmness for both the family and sibling. The second purpose is affection or liking its mean that both Husband and Wife should act under liking and affection to leave peaceful life. The Third and final message of above verse is that both Husband and wife both have strong common feeling and have sympathetic to each other.

## **Marriage Life and Modesty:**

In Islam, marriage is a sacred institution that promotes a life of modesty, dignity, and respect between spouses. It fosters a strong bond where both partners are encouraged to uphold moral values, protect each other's honor, and create a harmonious family environment

One of the other Hadiths gives us clear message about marriage life in Islam that

فَقَالَ عَبْدُ اللّهِ : كُنّا مَعَ النّبِيِّ صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ شَبَابًا لَا نَجِدُ شَيْئًا ، فَقَالَ لَنَا رَسُولُ اللّهِ صَلَّى اللّهُ عَلَيْهِ وَسَلَّمَ : يَا مَعْشَرَ الشَّبَابِ ، مَنِ اسْتَطَاعَ الْبَاءَةَ فَلْيَتَزَوَّجْ ، فَإِنَّهُ أَغَضُّ لِلْبُصَر ، وَأَحْصَنُ لِلْفَرْج ، وَمَنْ لَمْ يَسْتَطِعْ فَعَلَيْهِ بِالصَّوْمِ فَإِنَّهُ لَهُ وجَاءٌ<sup>5</sup>

The translation of above Hadith is that "We were with the Prophet (peace be upon him) while we were young and had no wealth. So, Allah's Messenger (peace be upon him) said,

"O young people! Whoever among you can marry, should marry, because it helps him lower his gaze and guard his modesty (i.e. his private parts from committing illegal sexual intercourse etc.), and whoever is not able to marry, he should fast, as fasting diminish his sexual power."

The Hadith highlights that marriage is primarily concerned with maturity and readiness rather than other issues. It advises young people, especially those physically mature and capable of marriage, to marry to help control their gaze and preserve modesty. Prophet Muhammad (PBUH) encouraged marriage for those who are mature and able to support a spouse, as it helps avoid forbidden relations. For those unable to marry due to poverty or other reasons, fasting is recommended to maintain modesty and develop positive behavior. As individuals transition from youth to adulthood, they experience changes in physical, mental, educational, and social aspects, as reflected. In the same way as mentioned in one of the famous sure of Holy Quran Sura Al-Nisa Ayat#06 first part that

### Mental Approach & Marriage

In Islam, a positive mental approach is essential in marriage, as it fosters understanding, patience, and compassion between spouses. By maintaining a mindset rooted in faith and mutual respect, couples can strengthen their bond and navigate life's challenges together.

The meaning of the above Quranic verse, as translated by the renowned Islamic scholar Mr. Taqi Usmani, is that: "Test the orphans until they reach the marriageable age. Then, if you perceive in them proper understanding, hand their property over to them,"

The Quranic verse discussed emphasizes that maturity for marriage includes both mental and practical understanding, particularly in managing property. This maturity ensures that individuals can handle their financial matters effectively, protecting their assets and making sound decisions regarding profit and loss. It highlights that maturity varies from person to

person, and family leaders should assess whether a boy or girl is capable of responsibly managing their wealth and health. Proper understanding encompasses more than financial responsibility; it includes overall performance and stability. When family leaders deem an individual mature, they are likely equipped to handle marital and financial responsibilities, leading to a stable and fulfilling life.

#### **Concept of Inter-Religion Marriage In Islam:**

This point of inter religion marriage also mentioned in Sunnah of Holy Prophet Hazrat Muhammad Peace be upon as narrated.

The translation of above Hadiths is like "Narrated Abu Huraira: The Prophet (\*) said, "A woman is married for four things, i.e., her wealth, her family status, her beauty and her religion. So, you should marry the religious woman (otherwise) you will be a loser.

The Hadiths outline four key aspects to consider when choosing a spouse: her property status, domestic situation, attractiveness, and most importantly, her affiliation with Islam. According to the Sunnah of the Holy Prophet Muhammad (PBUH), followers of Islam should prioritize marrying a woman who is a practicing Muslim. This consideration is essential for achieving success in both this life and the hereafter.

# **Islamic way of Protection Family System**

Interpersonal relationships in Islam highlight the rights and obligations of individuals, emphasizing the importance of respecting family and extended relatives, including the friends of parents. Marriage in Islam involves not just the couple but also their families, requiring mutual respect and support for success in this life and the hereafter.

Islam want to represent a society which will be based on Islamic rules mean want a pious family system for society because family system is basic unit of society. A society is mega group of number of family system. When a family system of a society become strong and pious than sure short that society will be in peaceful and comfortable zone. For achieving peaceful and outstanding level of society, we need to check the basic rules of Islamic family system.<sup>8</sup>

The family dynamic shifts with motherhood; a woman's status elevates as she becomes a central figure in nurturing her children both physically and spiritually. Her role is crucial in shaping the future of her children and, consequently, the success of the family.

Before going to detail discussion about Islamic family system we need to note the basic four element of Islamic family system. These basic element of family systems are Husband, Wife, Children and Parents.

#### **Basic Element of Islamic Family System**

- 1. Husband
- 2. Wife
- 3. Children
- 4. Parents

To understand the Islamic family system, it's crucial to discuss these four elements. A complete family includes a husband, wife, and children, with parents or grandparents playing a key role. Typically, this refers to paternal grandparents, as they often live with the family, while maternal grandparents are considered external.

We'll first address the internal family components (husband, wife, children, and paternal grandparents) before discussing external relations, such as maternal grandparents, aunts, uncles, cousins, and neighbors. These external relationships contribute to the broader social

context. Now, let's examine the roles of these key family members in contributing to a successful or unsuccessful family.

#### 1. Husband

One of the most critical elements of the family structure is the role of the husband. Analogous to a leader of a nation, the husband's ability to lead significantly impacts the progress, stability, and overall well-being of the family. Just as a country requires effective leadership to achieve progress and stability, so too does a family need a capable husband to advance from a lower to a higher level of development. Stability in this context encompasses physical, mental, and economic dimensions. A family that achieves stability in these areas becomes a highly beneficial component of society.

A Husband is a leader of family according Islamic rule of laws which explain by Quran in these words like below;

The translation of mentioned Ayat is "Men are caretakers of women, since Allah has made some of them excel the others, and because of the wealth they have spent. So, the righteous women are obedient, (and) guard (the property and honor of their husbands) in (their) absence with the protection given by Allah. As for women of whom you fear rebellion, convince them, and leave them apart in beds, and beat them. Then, if they obey you, do not seek a way against them. Surely, Allah is the Highest, the Greatest

The Quran clearly states that men are custodians of women, a responsibility bestowed not by any human leader but by Almighty Allah (SWT). This role involves managing family resources, including financial support and various responsibilities. Women are expected to adhere to their duties in the absence of their husbands to ensure success in both this world and the hereafter. Allah (SWT) endows men with the necessary strength and capability to fulfill this responsibility effectively. Thus, it is the husband's duty to oversee all aspects of family life, both internal and external, to ensure stability and happiness. By following these divine directives, a Muslim husband will achieve success in this life and the next, contributing to a harmonious and flourishing society. In other hand when west remove husband role form leader then their family system destroyed badly which is not exemplary.

The same type of message also mentioned in below mentioned Hadith as well,

عَنْ عَبْدِ اللَّهِ بْنِ عُمَرَ . رضى الله عنهما . أَنَّ رَسُولَ اللهِ صلى الله عليه وسلم قَالَ " أَلاَ كُلُكُمْ رَاعٍ، وَكُلُكُمْ مَسْئُولٌ عَنْ رَعِيَّتِهِ، فَالإِمَامُ الَّذِي عَلَى النَّاسِ رَاعٍ وَهْوَ مَسْئُولٌ عَنْ رَعِيَّتِهِ، وَالرَّجُلُ رَاعٍ عَلَى أَهْلِ بَيْتِهِ وَهْوَ مَسْئُولٌ عَنْ رَعِيَّتِهِ، وَالْمَرْأَةُ رَاعِيَةٌ عَلَى أَهْلِ بَيْتِ وَوْوَلَدِهِ وَهِيَ مَسْئُولَةٌ عَنْهُمْ، وَعَبْدُ الرَّجُلِ رَاعٍ عَلَى مَالِ سَيِّدِهِ وَهْوَ مَسْئُولٌ عَنْهُ، أَلاَ فَكُلُّكُمْ رَاعٍ وَكُلُّكُمْ مَسْئُولٌ عَنْ رَعِيَّتِهِ "10

The translation of above Hadiths is like Allah's Messenger (\*) said, "Surely! Every one of you is a guardian and is responsible for his charges: The Imam (ruler) of the people is a guardian and is responsible for his subjects; a man is the guardian of his family (household) and is responsible for his subjects; a woman is the guardian of her husband's home and of his children and is responsible for them; and the slave of a man is a guardian of his master's property and is responsible for it. Surely, every one of you is a guardian and responsible for his charges. "In above mentioned Hadith its clear message that every one of us is responsible for his underworking or subordinates whether it's your family or outside of family like working area office etc.

#### 2.Wife

In Islamic teachings, the wife is a central and indispensable figure in the family system, often referred to as the "queen of the home." She plays crucial roles, including that of a mother and a moral and religious guide. Her presence transforms a house into a nurturing and thriving environment, akin to a garden in full bloom, providing light and warmth like

the sun by day and the moon by night. A wife who upholds strong religious and ethical principles contributes to making the home a paradise on earth, characterized by harmony and spiritual fulfillment. The Qur'an underscores her profound status and value, recognizing her as essential for maintaining the family's spiritual and moral well-being.

The translation of above part of the verse is like so, the righteous women are obedient, (and) guard (the property and honor of their husbands) in (their) absence with the protection given by Allah.

And be mindful of Allah's verses and the wisdom that is recited in your homes. Surely, Allah is All-Kind, All-Aware In one part of Hadith is also having same type of message which is mentioned below a woman is the guardian of her husband's home and of his children and is responsible for them; and the slave of a man is a guardian of his master's property and is responsible for it.

As mentioned in this above Hadith<sup>13</sup> is that a best wife or woman have some qualities which include to protect property of her husband, this property include both property and honor because a home is complete with honor, without honor a home we called house with materialistic things but not home where a respected woman is leaving which protecting her husband property ,honor ,look after husband children with good faith with the help of Almighty Allah (SWT) because without help of Almighty Allah (SWT) no one protect his or her property or honor .In the same time a good wife is a wife who guide her children's with good education an education which contain religious education along recent time .

The Hadith provides a detailed description of the ideal qualities of a good wife, highlighting her essential virtues and role within the family.

عَنِ ابْنِ عَبَّاسٍ، قَالَ لَمَّا نَزَلَتْ هَذِهِ الآيَةُ وَالَّذِينَ يَكْنِزُونَ الذَّهَبَ وَالْفِضَّةَ { قَالَ كَبُرُ ذَلِكَ عَلَى الْمُسْلِمِينَ فَقَالَ عُمَرُ – رضى الله عنه أَنْ أَفْوَئِ عَنْكُمْ . فَانْطُلَقَ فَقَالَ يَا نَبِيَّ اللهِ إِنَّهُ كَبُرَ عَلَى أَصْحَابِكَ هَذِهِ الآيَةُ فَقَالَ رَسُولُ اللهِ صلى الله عليه وسلم " إِنَّ اللهَ لَمْ يَفْرِضِ الزَّكَاةَ إِلاَّ أُفْرِخُ عَنْكُمْ . فَانْطُلَقَ فَقَالَ يَا نَبِيَّ اللهِ إِنَّهُ كَبُرَ عَلَى أَصْحَابِكَ هَذِهِ الآيَةُ فَقَالَ رَسُولُ اللهِ صلى الله عليه وسلم " إِنَّ اللهَ لَمْ يَفْرِضِ الزَّكَاةَ إِلاَّ لِيُطَيِّبُ مَا يَكُنِزُ الْمَرْءُ الْمَرْأَةُ الصَّالِحَةُ لِيُطَيِّبُ مَا يَكُونَ لِمَنْ بَعْدَكُمْ " . فَكَبَّرَ عُمَوُ ثُمَّ قَالَ لَهُ " أَلاَ أُخْبِرُكَ بِكَيْرٍ مَا يَكْنِزُ الْمَرْءُ الْمَرْأَةُ الصَّالِحَةُ الْمُعَلِّبُهُ اللهَ اللهُ اللهِ اللهُ الل

The translation of above hadiths is like: narrated Abdullah ibn Abbas: When this verse was revealed: "And those who hoard gold and silver," the Muslims were grieved about it. Umar said: I shall dispel your care. He, therefore, went and said: Prophet of Allah, your Companions were grieved by this verse. The Messenger of Allah (\*) said: Allah has made zakat obligatory simply to purify your remaining property, and He made inheritances obligatory that they might come to those who survive you. Umar then said: Allah is most great. He then said to him: Let me inform you about the best a man hoards; it is a virtuous woman who pleases him when he looks at her, obeys him when he gives her a command, and guards his interests when he is away from her.

In above Hadith last portion is totally about qualities of good wife which is mentioned like The translation of this part is Let me inform you about the best a man hoards; it is a virtuous woman who pleases him when he looks at her, obeys him when he gives her a command, and guards his interests when he is away from her

Through above verses of Quran and Hadiths we got clear message that a good wife is a wife who have good in character, well behaved with husband, good teacher for children etc.

## 3. Children:

The third essential element of a successful family system is children. They are the fruit of parental prayers, the future of humanity, and a source of deep affection for the family, especially grandparents. When parents provide their children with a solid education in both

Islamic teachings and contemporary knowledge, these children become a source of pride and success for their parents, contributing to their well-being in this life and the hereafter. Well-guided children support their parents in old age and earn the blessings of Allah. The Quran also instructs children on their duties towards their parents, emphasizing that fulfilling these responsibilities leads to a harmonious family life in both this world and the next.

Your Lord has decreed that you worship none but Him, and do well to parents. If any one of them or both of them reach old age, do not say to them: uff (a word or expression of anger or contempt) and do not scold them, and address them with respectful words. In above verse of Quran its mentioned that there is no God for worship but Allah (SWT) and you need to do great with your parents, if anyone of your parents mean father or mother reached on old age, don't say any harsh word to them even cannot say small word which you they angry, give them full respect with full protocols its mean Almighty Allah give two order in this verse one for his oneness and worship and second one respect your parents in all means of respect.

And submit yourself before them in humility out of compassion, and say. My Lord, be merciful to them as they have brought me up in my childhood

In this above verse of Holy Quran message is like that you treat your parent with great honor and compassion do prayer for them, Almighty Allah (SWT) please merciful with my parents as they were merciful with me when I was in childhood.

#### 4.Parents

The fourth essential element of the Islamic family system is parents. Islam places immense respect and honor on parents, especially as they age. The Quran and Sunnah emphasize that one's actions toward their parents can influence their fate in the hereafter, highlighting that paradise or hell can be influenced by how one treats their parents. Even if parents are non-believers, children are still required to ensure their rights are met, including food, shelter, and health care. Islam especially honors the mother, given her pivotal role in bringing life into the world. Numerous verses in the Quran and Hadith underscore the high regard and respect due to parents.

Your Lord has decreed that you worship none but Him, and do well to parents. If any one of them or both of them reach old age, do not say to them: uff (a word or expression of anger or contempt) and do not scold them, and address them with respectful words

And submit yourself before them in humility out of compassion, and say. My Lord, be merciful to them as they have brought me up in my childhood. Both above mentioned verses of Quran show respect and honor of parents and duties of children regarding parenting. In Hadiths also guide Muslim to lover and respect their parents

The translation of above Hadith is like: Abdullah bin Amr narrated that: The Prophet said: "The Lord's pleasure is in the parent's pleasure, and the Lord's anger is in the parent's anger." (Hasan).

In the Hadiths, it is conveyed that Allah's pleasure and happiness are linked to the happiness and pleasure of parents, while His anger corresponds to their anger. Thus, treating parents well leads to Allah's favor, whereas mistreating them can have dire consequences both in this world and the hereafter. Same as it is almost same type of message share in another Hadith is like.

It is reported on the authority of 'Abdullah that the Messenger of Allah observed: The best of the deeds or deed is the (observance of) prayer at its proper time and kindness to the parents.

Through Holy Quran and Sunnah it's mentioned and guide clearly that parents are most important persons for you not only for this world but world after. If you want success in this world and world after do best with parents to gain pleasure of Almighty Allah for both worlds.

### Best Family System according to Islam to Save Marriage life

When husbands, wives, children, and parents adhere to the principles of Quran and Sunnah under Islamic law, the family system thrives, leading to a peaceful and prosperous society. This approach ensures a high quality of life across all relationships, including family, neighbors, and the broader community. A society where individuals understand and fulfill their rights and duties diligently, seeking Allah's blessings, fosters harmony and respect. Each person must recognize that their actions and words are accountable to Allah, who observes all inner and outer conduct. Therefore, everyone strives to perform their duties with integrity and sincerity, knowing they will answer to Allah for their deeds.

# Importance &Safety of Marriage Bond According to Islam to Avoid Dissolution:

Islam offers a comprehensive code of conduct for every aspect of life, covering the journey from birth to death and beyond. It provides detailed guidance for each stage of life, including childhood, adolescence, and adulthood, with particular emphasis on marriage. This guidance outlines the roles and responsibilities of husbands and wives, aiming to ensure mutual respect and understanding within the marital relationship. Such adherence contributes to a stable and harmonious family life, which is considered foundational for a thriving society.

Marriage, in Islam, is viewed as the cornerstone of family life and, by extension, societal well-being. The religion specifies the rights and duties of both spouses to foster a peaceful and fulfilling partnership. Islam advocates for resolving marital conflicts through family mediation or respected community figures before considering legal action. If mediation fails, disputes can be brought to court, where a judge will facilitate a fair resolution, especially considering the welfare of any children.

Divorce, while viewed as a last resort, is carefully structured with steps to allow both parties time to reconsider. Islam aims to uphold justice throughout this process to ensure that both the family unit and society remain peaceful and functional. The importance of preserving the marriage bond and its safety is deeply ingrained in Islamic teachings, which offer various options and guidelines to address marital issues, considering cultural variations and globalization. Islamic scholars interpret the Quran and Hadith to provide solutions that align with mental, physical, and psychological well-being, ensuring that marriage contributes to the health of future generations. Islam seeks to establish a healthy, mature, and coordinated generation through ideal marital relationships,

recognizing that both physical and mental health are crucial for the development of a prosperous future society.

#### Kind & Mercy between Spouses Save Marriage Life According to Islam

The importance of kindness and mercy between spouses is crucial for maintaining a healthy marriage, as the stability of the marital bond largely depends on how well the partners manage their relationship. Allah instills mercy and compassion in the hearts of both spouses to ensure a peaceful and joyful life together. It is through this divine grace that couples are empowered to nurture their bond and address any challenges, ultimately preserving the marriage.

The translation of above verse of Quran is that "And of His Signs is that He has created mates for you from your own kind that you may find peace in them and He has set between you love and mercy. Surely there are Signs in this for those who reflect". It Tafseer is like that your women or wives are one of sign of Almighty Allah who create for you man, through these you got peace from them, Almighty Allah also put love and mercy between you and here these are the signs for those who believe on it.

A detailed discussion of this ayah has been provided previously.

# Divine Guidance on Ensuring Marital Harmony: Quranic Principles for a Stable Marriage

In Quran, Almighty Allah (SWT) give clear message to believer that must treat with their women in best manner because Almighty Allah (SWT) know better than all which is better and what is bad for them. The below verses of Quran have same type of message

According to the Quran, spouses should overlook each other's shortcomings and personal dislikes. It's normal for partners to find certain aspects of each other's behavior unappealing, but Allah commands believers to focus on the positive qualities and exercise patience. By adopting this perspective, both partners can foster a peaceful and harmonious relationship, reducing the likelihood of conflicts that could lead to marital dissolution.

# The Islamic Concept of Modesty Strengthens Marriage and Prevents Dissolution

One of the other Hadiths gives us clear message about saving marriage life in Islam that

The translation of above Hadith is that "We were with the Prophet (peace be upon him) while we were young and had no wealth. So, Allah' s Messenger (peace be upon him) said, "O young people! Whoever among you can marry, should marry, because it helps him lower his gaze and guard his modesty (i.e. his private parts from committing illegal sexual intercourse etc.), and whoever is not able to marry, he should fast, as fast diminish his sexual power."

A detailed discussion of this hadith has been provided previously.

## The Responsibility of a Strong Family in Protecting Marriage

In Islam, the marriage bond is crucial not only between the spouses but also extends to their paternal and maternal families. This bond includes connections with parents, siblings, grandparents, neighbors, uncles, and aunts for both the husband and wife. Islam provides comprehensive guidance on the rights and responsibilities of all close relatives, including in-laws, emphasizing their role in maintaining marital harmony. The Quran and Hadith underscore the significance of preserving the marriage bond, as mandated by Allah and

exemplified by the Prophet Muhammad (Peace be upon him) and his companions. Given this profound emphasis, it becomes challenging for spouses to dissolve their marriage without serious consideration. Islam share importance of marriage bond with the help of below mentioned verses of Holy Quran

If you fear a split between them (the spouses), send one arbitrator from his people and one from her people. If they desire to set things right, Allah shall bring about harmony between them. Surely, Allah is All-Knowing, All-Awar. Above message Cleary indicate about social family life where elders, pious, justified people of both spouse family sit together and tried to resolve this issue.

# **Sharing Responsibilities to Preserve the Family Bond**

Islam define role of every person according to his or her position same like Islam provided complete detail of the rights and duties of both spouse after marriage, Islam separated both spouse responsibilities in a such way that how they spent a good, happy and joyful life to lead strong and competent society.

As the verse of Surah *Nisa* mentioned before<sup>25</sup> defines the responsibilities of both man and women to pass nice life according to his or her responsibilities which provided by Almighty Allah. Man will take care of Women In sense of good manner, food, clothes shelter, safety and tries his best to provided best of the best, In the same way Women is responsible for look after his husband home, his children's, her Husband honor in his absence. If both spouses follow these responsibilities it will help them to enjoy good life and avoid any conflict.

#### Strategic Use of Divorce as a Family Protector

Islam does not promote divorce as a routine solution but allows its use with good intentions to preserve family life and prevent dissolution. When a man pronounces divorce three times, it signifies the end of the marital relationship. Islam encourages a thoughtful process, providing time between each pronouncement for both parties to reconsider their decision. Women also have the right to seek divorce through a court if mistreated. Importantly, Islam advises against divorcing a pregnant wife and stresses treating one's spouse with respect even if separation is inevitable.

يَّأَيُّهَا ٱلنَّبِيُّ إِذَا طَلَّقْتُمُ ٱلنِّسَآءَ فَطَلِقُوهُنَّ لِعِدَّقِنَّ وَأَحْصُوا ٱلْعِدَّةِ وَٱتَّقُوا ٱللَّهَ رَبُّكُمٌّ لَا تُخْرِجُوهُنَّ مِنْ بُيُوقِينَّ وَلَا يَخْرُجُنَ إِلَّا أَن يَأْتِينَ بِفَاحِشَةِ مُبَيِّنَةً وَتِلْكَ حُدُودُ ٱللَّةِ وَمَن يَتَعَدَّ حُدُودَ ٱللَّهِ فَقَدُ ظَلَمَ نَفْسَهُ؞ لَا تَدْرِى لَعَلَّ ٱللَّهَ يُحْدِثُ بَعْدَ ذَ لِكَ أَمْرًا 26

The translation of above verse of Quran is lie "O prophet, when you people divorce women, divorce them at a time when the period of 'Iddah may start. And count the period of 'Iddah, and fear Allah, your Lord. Do not expel them from their houses, nor should they go out, unless they come up with a clearly shameless act. These are the limits prescribed by Allah. And whoever exceeds the limits prescribed by Allah wrongs his own self. You do not know (what will happen in future); it may be that Allah brings about a new situation thereafter "Same type of message available in below mentioned verse as well

ٱلطَّلَقُ مَرَّتَانِّ فَإِمْسَاكُ بِمَغْرُوفٍ أَوْ تَسْرِيخُ بِإِحْسَانِۗ وَلَا يَجِلُّ لَكُمْ أَن تَأْخُذُواْ هِمَّا ءَاتَيْتُمُوهُنَّ شَىٰءًا إِلَّا أَن يَخَافَا أَلَا يُقِيمَا حُدُودَ ٱللَّهِ فَإِنْ خِفْتُمْ أَلَا يُقِيمَا حُدُودَ اللَّهِ فَلَا تَغْتَدُوهَاْ وَمَن يَتَعَدَّ حُدُودَ ٱللَّهِ فَأُولَلِكَ هُمُ ٱلظَّلِمُونَ<sup>27</sup>

The translation of above verse is like "Divorce is twice; then either to retain in all fairness, or to release nicely. It is not lawful for you to take back anything from what you have given them, unless both apprehend that they would not be able to maintain the limits set by Allah. Now, if you apprehend that they would not maintain the limits set by Allah, then, there is no sin on them in what she gives up to secure her release. These are the limits set by Allah.

Therefore, do not exceed them. Whosoever exceeds the limits set by Allah, then, those are the transgressors<sup>28</sup>

All above mentioned ways are the right paths which provided by Islam to his follower to live happy and peaceful life and avoid any conflict. In case of any conflict between spouses Islam give you the right direction according to situation if you follow these boundaries and limit surly you will get success not only in this world but world after as well.

#### **Conclusion**

In conclusion, this exploration into how Islam safeguards the family system through the institution of marriage reveals a comprehensive framework that emphasizes the sanctity, responsibilities, and mutual support inherent in marital bonds. The Quranic teachings and Prophetic traditions highlight marriage as a divine institution designed to provide stability, emotional fulfillment, and a nurturing environment for the growth and development of individuals and the family unit as a whole.

Islamic principles underscore the importance of mutual respect, compassion, and shared responsibilities between spouses, creating a foundation for a harmonious family life. The protective mechanisms embedded in Islamic jurisprudence not only uphold the rights of family members but also promote equity and justice within the marital relationship.

#### **Recommendation:**

Promote targeted educational programs on Islamic marital values, offering guidance for upcoming couples. Strengthen community support systems, establishing forums for open dialogue, mentorship, and accessible counseling services. Advocate for legal frameworks aligning with Islamic principles, addressing marital disputes and family matters. Encourage interfaith dialogue to enhance understanding of Islamic perspectives on marriage, fostering tolerance and inclusivity. Implementing these measures will fortify family bonds, ensuring they thrive within the framework of Islamic values.

Here's a condensed version of the recommendations:

- 1. **Pre-Marital Education**: Offer Islamic-based pre-marital programs covering spiritual and practical aspects.
- 2. **Family Counseling**: Provide accessible counseling services aligned with Islamic values.
- 3. **Community Support**: Organize family events and support groups emphasizing Islamic marriage principles.
- 4. **Educational Resources**: Create and share materials on Islamic marriage and family life.
- 5. **Mentorship Programs**: Set up mentorship for newlyweds with experienced couples.
- 6. **Legal Collaboration**: Work with legal experts to align family laws with Islamic principles.
- 7. **Interfaith Dialogue**: Promote understanding of Islamic marriage through interfaith initiatives.
- 8. **Resilience Programs**: Implement programs to enhance family resilience based on Islamic teachings.

#### References

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<sup>&</sup>lt;sup>3</sup> Dr. Muhammad Tahir-Ul-Qadri, Islamic concept of Human Nature, 1/382

<sup>&</sup>lt;sup>4</sup> Al-Ouran 30/21

<sup>&</sup>lt;sup>5</sup> Muhammad bin Ismael Bukhari, Sahih Bukhari, "Giving one's young children in marriag e" 62/4"(Beirut: Daar Tauq Al Nijaa ,2013

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<sup>&</sup>lt;sup>7</sup> Bukhari, Sahih, Marriage "Giving one's young children in marriage" 62/27

<sup>&</sup>lt;sup>8</sup> Muhammad Nimat," Khandani-Nizam-Aur-khawateen-Key-Haqooq", (New Dehli India, Aifa Publication, 2013) 1/66

<sup>&</sup>lt;sup>9</sup> Al-Quran 4/34

<sup>&</sup>lt;sup>10</sup> Bukhari, Sahih, Judgments "Obey Allah and obey the Messenger and those of you who are in authority" 89/252

<sup>11</sup> Al-Ouran 4/34

<sup>12</sup> Al-Quran 33/34

<sup>&</sup>lt;sup>13</sup> Bukhari, Sahih, Judgments "Obey Allah and obey the Messenger and those of you who are in authority" 89/252

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<sup>&</sup>lt;sup>16</sup> Al-Quran 17 /25

<sup>&</sup>lt;sup>17</sup> Al-Quran 17/24

<sup>&</sup>lt;sup>18</sup> Al-Quran 17/25

<sup>&</sup>lt;sup>19</sup> Tirmizi, Sunnan, Chapters on Righteousness and Maintaining Good Relations with Relatives, "What Has Been About the Virtue of Pleasing One's Parents "27/3"

<sup>&</sup>lt;sup>20</sup> Muslim, Sahih, The Book of Faith, "clarifying that faith in Allah most high is the best of deeds", 1/155

<sup>&</sup>lt;sup>21</sup> Al-Quran 30/21

<sup>&</sup>lt;sup>22</sup> Al-Ouran 04/19

<sup>&</sup>lt;sup>23</sup> Bukhari, Sahih, Book of Marriage "Whoever is not able to marry, is recommended to fast" 62/4

<sup>&</sup>lt;sup>24</sup> Al-Quran 04/35

<sup>&</sup>lt;sup>25</sup> Al-Quran 04/34

<sup>&</sup>lt;sup>26</sup> Al-Quran 65/01

<sup>&</sup>lt;sup>27</sup> Al-Quran 2/229

<sup>&</sup>lt;sup>28</sup> Al-Quran 2/229